

'Mature Mouths Matter'
Presenters and Learning Outcomes



Carolyn Joyce RDH

Lead for Mouthcare Improvement for Vulnerable Adults
Aneurin Bevan University Health Board

Lecture Title: 'The Journey so Far – Making Good Great!'

Carolyn qualified as a Dental Hygienist at Cardiff Dental School in 1994 and spent the first 2 years in working in general dental and private dental practice. She developed a growing interest in dental education and started teaching at Cardiff Dental School and successfully completed the Post Graduate Certificate in Education which enabled her to take on a permanent teaching role for dental hygienists at Cardiff, a role which she carried out for more than 10 years.

She was employed within Cardiff and Vale University Health Board on a fissure sealant programme for the mobile Community Dental Service and in the Peripheral Hospitals Dental Service providing care for in-patients. Carolyn also worked as a dental hygienist within the multidisciplinary Head and Neck Oncology Team and until her present role, as an Oral Health Improvement Practitioner for the Welsh Government Designed to Smile supervised tooth brushing programme.

In January 2010, Carolyn completed the Postgraduate Introductory Certificate in Special Care Dentistry and was appointed as the South Wales DCP representative on the All-Wales Special Interest Group for Special Oral Health Care (SIG); a group she feels is invaluable in its work in improving the oral health and care of vulnerable people in Wales.

Carolyn has been in her current role since January 2016. Her role is to lead the mouthcare improvement programme and provide oral health education for older people and their carers. The role includes the delivery the WHC/2015/001 Gwen am Byth mouthcare improvement programme for older adults living in care homes.

Learning outcomes

- To gain knowledge of the Gwen am Byth "A lasting smile" Welsh Government-funded mouthcare improvement programme for older people living in care homes in Wales
- To understand how Aneurin Bevan University Health board community dental service Oral Health Promotion teams implemented and delivered this effective mouthcare training and support programme for older people living in care homes in Gwent



Dr Patricia O'Connor

Consultant in Internal Medicine and Lecturer,
St. James Hospital and Trinity College Dublin.

Lecture Title: "Polypharmacy - implications for the older person in Dental practice"

Dr Patricia O'Connor is a Consultant Physician in Internal Medicine and Clinical Senior Lecturer in Clinical Pharmacology and Therapeutics in St James Hospital and Trinity College Dublin. Her area of special interest is Cardiovascular disease prevention, with a particular interest in management of Lipid disorders and Hypertension.

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The learning outcomes

- Identify what defines the older person
- Understand what polypharmacy is & what factors lead to polypharmacy
- Understand what problems are associated with polypharmacy
- Understand what processes controls drug levels
- List common drug-drug interactions relevant to dentistry and their mechanisms
- Identify Geriatric-prescribing principles
- Understand how to reduce risk with respect to polypharmacy



Vicki Jones BDS, MSc, FDS RCS

Consultant in Special Care Dentistry

Clinical Director of Community Dental Service

Dental Clinical lead Aneurin Bevan University Health Board

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Vicki works as a Consultant in Special Care Dentistry (SCD) and Clinical Director of the Community Dental Services (CDS) and is the current chair of Welsh Dental Committee.

Her other roles include Wales Training Programme Director in SCD for specialty trainees. She is a member of the Wales National Advisory Group for the improvement of oral care for older people in care homes helping to develop the 'Gwen am Byth – mouthcare for older people in care homes in Wales' national programme. She also chairs the Wales Strategic Advisory Forum in SCD and South East Wales SCD Managed Clinical Network.

As chair of the British Society of Gerodontology (BSG) and the All Wales Special Interest Group/Special Oral Health Care (SIG), Vicki has co-authored clinical recommendations. These include the BSG 'Guidelines for the Development of Standards Oral Health Care for People with Dementia' (2006), Oral Health Care for Stroke Survivors (2011), www.gerodontology.com and SIG recommendations for 'Oral Nutritional Supplementation and Oral Health' (2009) and 'Oral Health Care and Dysphagia. (2014) www.sigwales.org.

In 2017, Vicki was awarded the kite mark of excellence for quality improvement in dementia by the Alzheimer's Society Cymru.

Lecture Title: 'Oral health care and living with dementia'

Learning outcomes:

- Raise awareness of dementia, its treatment and care provision
- Identify the services involved in diagnosis, care and support
- Explore the evidence for oral health and care for people living with dementia that informs dental care
- Propose oral health care pathways and use of skill mix
- Consider ways to improve knowledge and train carers and service providers in oral health care